

Winter Sports and Activities

1. Which winter sports and activities do you enjoy? Which ones are popular in your home country?
2. Which of the following winter sports or activities have you tried? Try to describe them. Which ones are extreme sports? Which ones would you like to try? Why?

• downhill or cross country skiing	• ice skating
• having a snowball fight	• building a snowman
• playing ice hockey	• going tobogganing
• going snowboarding	• going ice fishing

3. Which of the above activities do you think would be the most dangerous? Which one do you think would be the safest? Which would be the most fun? Why?
4. Describe any rules you know for ice hockey, figure skating or downhill skiing.
5. Is skiing or snowboarding popular in your home country? Have you or a family member ever tried these?
6. Have you ever visited a ski resort? Which one? Name any ski resorts you know about and describe them.
7. Have you ever been on a ski lift? Why were you on a ski lift?
8. In which countries is ice hockey popular? Name some ice hockey teams you have heard of.
9. Do you know any figure skaters? Which ones? Have you or your family ever tried it? Where can you buy ice skates?
10. Children love to have snowball fights, build snowmen and go tobogganing. Have you ever tried any of these? Which ones?
11. Name which of these items would you need for: skiing; ice hockey; or ice fishing

ice skates, snow pants, mouthguard, scarf, snowsuit, toque, fishing hut, mitts, ski goggles, gloves, snow boots, thermal underwear, shoulder pads, protective cup winter coat, hockey stick, earmuffs, down or quilted jacket, fishing pole, skis
12. Describe some common injuries people might get while playing winter sports and activities. Which would be the most painful? Which would be the most dangerous?